



ST VINCENT'S
PRIVATE HOSPITAL
FITZROY



Embrace

Choice, Care, Affordability

Embrace Program

St Vincent's Private's Hospital's unique Embrace Program has been designed to give you the opportunity to choose your obstetrician, enjoy our world-class maternity services and be cared for by a dedicated team of experienced and knowledgeable midwives with a more affordable out-of-pocket fee.

Comprehensive, Personalised Care

Your obstetrician and midwife will provide you and your baby with comprehensive, personalised care. You will have regular check-ups with your midwife throughout your pregnancy and typically five appointments with your obstetrician, who, with our team in the birthing suite, will take care of you during your labour and birth.

Private Ensuite Room

During your hospital stay, you will enjoy:

- a well-appointed private ensuite room featuring room service meals, tea/coffee and baby bathing facilities, free Wi-Fi and a digital TV
- your support person is welcome to join you to share this most special time in your life

Specialised Maternity Services

You will have access to all of St Vincent's Private Hospital's Maternity services like our:

- specialised Lactation Consultants who will help you learn to breastfeed and provide ongoing support through our Breastfeeding Clinic for twelve months
- Maternity Physiotherapist who will provide advice on optimal recovery after delivering your baby. They will give you information on back care, pelvic floor exercises, general exercise and postural advice.
- Night Settling Service, Intensive Care, Special Care Nursery and Maternal Wellness Midwife.

Park Hyatt Family Retreat

The Embrace Program includes the Park Hyatt Family Retreat option for mothers and babies who qualify.

Your Hospital Stay

With the support of our highly skilled and experienced midwives, the Embrace Program is focused on getting you home within three days for vaginal delivery and four days following a caesarean.

Access Embrace

To access the program, visit your GP and request a referral for one of our Embrace Program Obstetricians (list to right). The program is designed for healthy, low-risk pregnancies. Your obstetrician will confirm your eligibility, and should complications arise during your pregnancy, they will determine if it is best for you to remain in the program.

To find out more about our Embrace Program, please call 03 9411 7441.

Participating Obstetricians

The following obstetricians currently offer the Embrace Program. To learn more about their services, review their website and contact their rooms.

Dr Tom Cade www.drtomcade.com.au

Dr Megan Di Quinzio www.drmegandiquinzio.com.au

Dr Vanessa King www.sagewomens.com.au

Dr Suzana Kotevzka www.stela.com.au

Dr David O'Callaghan www.drdauidocallaghan.com.au

Dr Amber Moore www.ambermoore.com.au

Dr Miranda Robinson www.sagewomens.com.au

Dr Boski Shah www.drboskishah.com.au

Dr Lionel Steinberg www.drlionelsteinberg.com.au

Dr Meredith Tassone www.drmeredithtassone.com.au

Indicative visit schedule

10 weeks	Midwife	Phone Discussion
10-12 weeks	Obstetrician	Initial Assessment
16 weeks	Midwife	Routine Check
20 weeks	Obstetrician	Routine Check
22 weeks	Midwife	Routine Check
24 weeks	Midwife	Routine Check
28 weeks	Midwife	Routine Check
30 weeks	Obstetrician	Routine Check
32 weeks	Midwife	Routine Check
34 weeks	Midwife	Routine Check
36 weeks	Obstetrician	Routine Check
38 weeks	Midwife	Routine Check
39 weeks	Midwife	Routine Check
40+ weeks	Obstetrician	Routine Check


For more information visit:

St Vincent's Private Maternity

St Vincent's Private Hospital Fitzroy
59 Victoria Parade Fitzroy VIC 3065
Phone (03) 9411 7634

www.svph.org.au/services/maternity/fitzroy

  @StVincentsPrivateBaby

 #StVincentsPrivateBaby #StVincentsPrivateBabies

